

# Therapeutic Horsemanship of Hawaii

## Horse Camp Information

1. Payment is due upon sign up for camp.
2. Campers should be at least 8 years of age (in some cases 7 year olds may be accepted but not all)
3. Campers may not be dropped off earlier than 8:15 am. Campers must be picked up by 2:45 pm. We are not able to provide after camp care.
4. Campers must be physically and emotionally able to ride independently.
5. **Campers must be physically, cognitively and emotionally able to follow directions of camp staff at all times. Failure to follow directions will result in the removal of the camper from camp to ensure the safety of themselves and others.**
6. Campers must treat all other campers, animals, staff and volunteers with respect at all times. Failure to do so will result in removal from camp.
7. Campers must bring their own lunch and beverages.
8. Sunscreen is advisable for campers.
9. Legal guardians of all campers must sign waiver release forms and medical consent forms for all riders.
10. **Refund policy** if a camper is injured or sick, camp fees will be refunded for the period of camp that is not attended. If a camper is asked to leave camp for not following any of the above rules, there will be no refund. Not attending camp for any reason other than illness or injury will not be refunded.
11. Proper attire for camp is long pants and covered shoes. Riding helmets are provided
12. Our facility has a gate that is there to keep horses from running out to the highway in the case that they get loose. Please make sure you close the gate after driving through.
13. Please observe the 5 mile per hour speed limit when driving inside the facility. Animals or children may run in front of your car and be injured or killed. Two of our barn cats have been run over by cars in front of our barn, so we will yell at you if you are speeding.

## Horse Camp Schedule

8:30 – 9:00 Daily – campers are allowed to visit with each other and the animals.

9:00 – 9:30 Monday – campers will be introduced, barn rules and instructions will be given for horse handling, grooming, tacking and riding.

9:00 – 9:15 Daily – all campers will gather to discuss previous day and what will happen today.

9:15 – 9:30 or 10 am – campers will get their horses, groom and tack them up.

9:30 or 10:00 to 11:30 – campers will take turns riding their horse in the arena. Staff will provide assistance as needed

11:30 – 12:00 – campers will bring horses in, untack and groom them and then take them to eat grass

12:00 – 12:30 or 1 pm – lunch

12:30 or 1 pm – 2:30 pm – afternoon activity

Monday – learn about horse anatomy, nutrition and health, learn how to muck!

Tuesday – art project (hats and bandannas, coloring)

Wednesday – Waterpark Wednesday! (please bring swimwear, towels and slippers)

Thursday – art project (survival bracelets, hemp bracelets)

Friday – Paint your horses!